

# Illinois Chapter

INCORPORATED IN ILLINOIS

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



## ADOLESCENT HEALTH HALF DAY CONFERENCE AGENDA

**Wednesday, May 11, 2022**

**8 AM – 12 PM CT**

**VIRTUALLY VIA ZOOM**

TIME	PRESENTATION
8-8:15am	<b>OPENING REMARKS</b>  Rachel Caskey, MD, MaPP, Lead Pediatrician for ICAAP Adolescent Health Grant and Conference
8:15-9:15am	<b>KEYNOTE SPEAKER(S): TRAUMA-INFORMED CARE, ADVERSE CHILDHOOD EXPERIENCES &amp; THEIR RELATIONSHIPS TO MENTAL HEALTH</b>  <b>Learning Objectives:</b> <ol style="list-style-type: none"><li>1. Interpret adolescent mental health data and trends.</li><li>2. Provide understanding of the trauma-informed framework through event, experience, effects.</li><li>3. Explain the concepts of a trauma-informed approach (realize, recognize, resist, respond).</li><li>4. Learn best practices to support resiliency and recovery.</li></ol> <b>PRESENTERS:</b>  Mary Dobbins, MD, FAAP, ICAAP President, Pediatrician and Child Psychiatrist, Associate Professor, Department of Family and Community Medicine, Director of Integrated Care Services, SIU Center for Family Medicine, Springfield, IL  Audrey Stillerman, MD, Associate Director of Medical Affairs, UIC Office of Community Engagement and Neighborhood Health Initiative Steering Committee Member, Illinois ACEs Response Collaborative
9:15–10:25am	<b>MENTAL HEALTH PANEL DISCUSSION</b>  <b>MODERATOR: Dr. Rachel Caskey</b>  Discussion will include each panelist to identify their top 3 priorities for Adolescent Mental Health Advocacy Efforts at their organization.

	<p><b>Learning Objectives</b></p> <ol style="list-style-type: none"> <li><b>1. Learn examples of design and implementation of mental health strategies and prioritization.</b></li> <li><b>2. Identify sustainability practices that will contribute to the longevity of mental health initiatives.</b></li> <li><b>3. Discuss competencies in advocating mental health strategies at all organizational levels.</b></li> </ol> <p>PANELISTS:</p> <p>Mary Dobbins, MD, FAAP, ICAAP President</p> <p>Audrey Stillerman, MD, FACFP</p> <p>Madison Hammett, MPH, MSW, Manager, Training &amp; Capacity Building, Illinois ACEs Response Collaborative, Health &amp; Medicine Policy Research Group</p> <p>Diane M. Misch, MD, Medical Director, Illinois DocAssist, Young Child Clinic, Institute for Juvenile Research, Department of Psychiatry, UIC Chicago</p>
10:25 – 10:40am	<b>BREAK</b>
10:40 – 11:00am	<p><b>ILLINOIS DOC ASSIST</b></p> <p><b>Learning Objectives</b></p> <ol style="list-style-type: none"> <li><b>1. Describe services provided by Illinois DocAssist.</b></li> <li><b>2. Understand current evaluation data of Illinois DocAssist.</b></li> <li><b>3. Recommend best strategies for implementing resources for health professionals and families.</b></li> </ol> <p>PRESENTER:</p> <p>Diane M. Misch, MD, Medical Director, Illinois DocAssist, Young Child Clinic, Institute for Juvenile Research, Department of Psychiatry, University of Illinois at Chicago</p>
11:00-11:35am	<p><b>STRATEGIES FOR USING SOCIAL MEDIA TO PROMOTE HEALTH WITH ADOLESCENT PATIENTS/FAMILIES</b></p> <p><b>Learning Objectives</b></p> <ol style="list-style-type: none"> <li><b>1. Understand the basics and the role of communications technology in health implementation.</b></li> <li><b>2. Develop strategies to incorporate social media within pediatric and adolescent practices.</b></li> <li><b>3. Identify effective tools and resources for social media use in organizational settings.</b></li> </ol>

	<p>PRESENTER:</p> <p>Hina J. Talib, MD, FAAP, Adolescent Medicine Pediatrician, Montefiore Medical Center, New York, NY</p>
11:35-11:55am	<p><b>RESOURCES: LEARN HOW TO USE ICAAP'S NEW ADOLESCENT HEALTH TOOLKIT</b></p> <p><b>Learning Objectives</b></p> <ol style="list-style-type: none"> <li><b>1. Examine and learn about Illinois Adolescent Health needs through research and data analysis.</b></li> <li><b>2. Explore educational resources for adolescent care and well-being.</b></li> <li><b>3. Implement strategies and take-aways from this toolkit to advance adolescent health.</b></li> </ol> <p>PRESENTERS:</p> <p>Becky Tilton, MPH, ICAAP Consultant</p> <p>Nathan Johnson, Coordinator, Hult Center for Healthy Living, Peoria, IL</p>
11:55am-12pm	<p><b>CLOSING REMARKS</b></p> <p>PRESENTER: Becky Tilton, MPH, ICAAP Consultant</p>

**Continuing Education Credit Information:**



The Illinois Chapter, American Academy of Pediatrics is accredited by the Illinois State Medical Society (ISMS) to provide continuing medical education for physicians.

The Illinois Chapter, American Academy of Pediatrics designates this live conference activity for a maximum of 3.75 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses and Nurse Practitioners can submit Certificates of Attendance to their accrediting board for credit for participation in the live webinars.

**Continuing Education:**

3.5 continuing education hour (CE) is approved by the Illinois Department of Human Services, Division of Developmental Disabilities for the following licensed professionals: Licensed Clinical Professional Counselor, Licensed Clinical Psychologist, Licensed Clinical Social Worker, Licensed Nursing Home Administrator, Licensed Occupational Therapist & Occupational Therapy Assistant, Licensed Physical Therapist & Physical Therapy Assistant, Licensed Professional Counselor, Licensed Social Worker, Registered Nurse, Licensed Practical Nurse, Advanced Practice Nurse.

Qualified Intellectual Disabilities Professionals (QIDPs) may apply the same hours of continuing education units earned from this webinar series toward their twelve hour annual continuing education requirement.